STITCH AWAY STRESS

76% of knitters and crocheters like to knit with someone else.

49% of knitters say their favorite person to stitch with is a friend.

32% have more than 100 skeins of yarn in their stash.

83% say their favorite place to knit is in front of the TV.

62% of knitters and crocheters have taught a child how to knit or crochet.

83% of knitters and crocheters say that the biggest benefit a child gets from learning to knit or crochet is a sense of accomplishment.

61% knit or crochet 1-12 hrs a week.

39% knit or crochet 13-25 hours a week.

58% of knitters and crocheters' favorite time to knit is during the evening.

51% of knitters and crocheters find that knitting in the morning improves their day.

80% of knitters and crocheters that say the skill helps reduce stress.

94% of knitters and crocheters that say the skill helps them to relax.